

# MILL SPRING 5K Run/Walk

**Proceeds benefit:  
Franklin Creek  
Conservation Association**

**Date: 11/2/2024**

**Time: 1pm**

**Pre-register by: 11/1/2024**

- \$25 fee includes race, chili, and live music after the race
- \$5 donation for non runners
- \$10 for commemorative ceramic mug

Race starts promptly at 1pm at the Grist Mill. Some road running is part of the course, along with following mowed beautiful trails! Flat course with one small hill. Join us for live music and chili until 4pm at the Grist Mill! Limited to 300 participants.

For more information or to register call:  
815-456-2718

Email:  
[engage@franklincreekconservation.org](mailto:engage@franklincreekconservation.org)



Mail form and entry fee to:

Franklin Creek Grist Mill  
1893 Twist Rd  
Franklin Grove, IL 61031

Phone: 815-456-2718  
Email:  
[engage@franklincreekconservation.org](mailto:engage@franklincreekconservation.org)

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Age on race day: \_\_\_\_\_

Gender: \_\_\_\_\_

(for awards)

Address: \_\_\_\_\_

Fees included:

\_\_\_ \$25 entry fee

\_\_\_ \$10 commemorative mug

\_\_\_ \$5 nonrunner donation for chili and music